

**ROYAL CENTER OF ADVANCED MEDICINE**  
**10120 S. EASTERN, SUITE 100, HENDERSON, NV 89052**  
**(702) 433-8800, FAX 433-8823**  
**E-MAIL: ROYAL@DRROYAL.COM, WEBSITE: DRROYAL.COM**

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*"Medical Solutions for Optimal Health"*

See us on the web  
**WWW.DRROYAL.COM**

**SUMMER 2003**

**Inside this issue:**

**NEW ADVANCEMENTS IN HEALTH SUPPLEMENTS**

**KRILL OIL**

Krill Oil is a phospholipid that has a 15:1 ratio of omega-3 to omega 6 fatty acids. Thus, Krill Oil is richer in omega-3 fatty acids than other fish oils on the market. This is important because many of the problems associated in females are the result of excess omega-6 which, in turn, produce inflammatory hormones that cause emotional distress, pain and bloating. Omega-3 helps to neutralize this effect.

One of the unique properties of Krill Oil is that it has antioxidants. Other fish oils do not! These antioxidants are bioflavonoids, one of which is astaxanthin. The abundance of astaxanthin, a carotenoid, explains the red color of Krill Oil.

Additionally, Krill Oil contains phosphatidylcholine, a precursor to choline in the brain. Choline is used by the brain to make acetylcholine, the brain's main neurotransmitter. The advantage of Krill Oil over other choline products is that it binds choline to a fat molecule, which makes it easier for the product to actually enter the brain.

When starting Krill Oil, a two-week loading dose is recommended. This means that a person of average weight should probably take 1000 mg daily for two weeks and then decrease to 500 mg daily for maintenance. A person of above average weight will need more. Most people see an improvement in energy within the first week!

**PROTIDE**

Protide is a peptide nucleic acid (PNA) classified as an "immune system modulator." PNA stimu-



*Achieve peak performance with quality supplements!*

lates production of gamma interferon, interleukins, and tumor necrosis factor by partially mimicking the effects of infection and thus, putting the immune system in a repair mode preventing viral reproduction. Protide is indicated in the treatment of herpes viruses, CMV, EBV, influenzas, hepatitis, mono, mumps, genital warts, malaria, HIV/AIDs, and some cancers, to name a few. No adverse reactions have been found in over 35 years of human use. Although it is available in tablets, as a nutritional substance, it can be administered as a SQ or IM injection.

Basically, Protide, is like "transfer factor" (TF) in that it transfers information to the thymus gland. TF acts like a cellular memory for the thymus. This memory stimulates production of T-Cells with specific affinity for a certain viruses. This, in turn, allows the T-Cells to more effectively attack the invading viruses.

**NEUROFOOD**

Neurofood is a protein made from rice in Thailand. It contains polysaccharidepeptides (PSP), which have shown the ability to enhance cellular glucose uptake and to improve digestion, absorption and metabolism of nutrients for better overall health. This increased efficiency of nutrient metabolism enhances the body's detoxification process and significantly boosts the immune system.

Interestingly, this same protein has been found to improve brain function. It does this by preventing injury of neuronal cells by neurotoxins. This, in turn, helps brain cells to produce normal protein. As a result, studies have demonstrated improved cellular regeneration of dendrites and axons of the nerve cells. This may explain why Alzheimer patients have been shown to enjoy a better quality of life. Favorable results are usually seen within the first 90 days (**NOTE:** Take three times a day and reduce your intake of simple and refined sugars, sweetened foods, starches (bread and pasta and dairy products).

Other brain supplements (DMAE, Krill Oil) and prescription drugs try to improve brain function through increasing Acetylcholine, the major neurotransmitter in the brain. The hormones Progesterone and Pregnenolone help increase nerve production in the brain.

*(Continued on page 2)*

<b>NEW ADVANCEMENTS IN SUPPLEMENTS</b>	<b>1-2</b>
<b>ROYAL CENTER IS MOVING!</b>	<b>2</b>
<b>AMAZING PLAQUEX RESULTS</b>	<b>2</b>

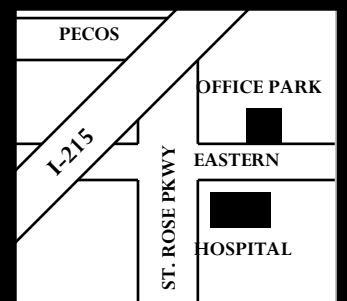
**VOLUNTEERS NEEDED!**

If you have either: *High Cholesterol* OR *Elevated Blood Sugar* then you may be eligible to participate in a study being conducted using **Neurofood**. Certain restrictions apply. For more information, call **The Royal Center** at 433-8800.

**OCTOBER SALE!**

During the entire Month of October, **The Royal Center** will be offering many of its supplement and homeopathic products for sale. Get anywhere from **25% to 75%** off the retail price. Come into the office and check it out. Tell your friends...And help us reduce our inventory before our end of October move!

**NEW CLINIC ADDRESS!**



**SIGN-UP FOR FREE MEDICAL TIPS FROM DR. DAN ROYAL AT [WWW.DRROYAL.COM](http://WWW.DRROYAL.COM)**



(Continued from page 1)

Gingko, and the homeopathic *Alnus Glutinosa*, seek to increase circulation to the brain. Of course, if you've got circulation problems, you should always consider chelation therapy, too.

#### **DR. OHHIRA'S 12 FLORA**

Dr. Lichiroh Ohhira developed this 12 Flora Probiotic Formula over 20 years of research. It's NOT your average, ordinary, everyday lactobacillus product because it takes 5 years of fermentation in natural-environment to produce. One of the strains in Dr. Ohhira's Formula, Thio Lactic acid bacteria, actually kills harmful gut bacteria! Moreover, byproducts include hydrogen peroxide and natural antibiotics.

Keep in mind that while there are 100 strains of lactic acid bacteria, only 20 strains are actually beneficial. A shortage of such probiotics can lead to skin problems, joint problems, nervous system disorders, and all kinds of GI-related problems, to name a few. Nevertheless, to correct gut problems, we need to do more than just add good bacteria, since a healthy gut is a balance of 85% good and 15% bad bacteria. In other words, we have to somehow kill the bad organisms, in addition to supplying the good. Dr. Ohhira's product provides the gut with the balance it needs.

For initial treatment of acute symptoms of diarrhea or constipation, the 250 billion/tsp lactobacillus acidophilus product from Torrance Company is the most potent single strain of lactobacillus acidophilus anywhere. Lacto-S-Plus, a capsule formulation from MarcoPharma, a German company, is great for maintenance, since it is specially formulated to bypass stomach digestion.

#### **NATTOKINASE**

Nattokinase (NK) is a profibrinolytic serine protease extracted and purified from natto, a traditional fermented soybean food popular in Japan. NK may be useful in the maintenance and enhancement of normal healthy endogenous fibrinolysis, the dissolution of the essential portion of the blood clot or thrombus. Maintenance of optimum functioning of the body's fibrinolytic thrombolytic systems may offer decreased risk of dangerous blood clots that contribute to a variety of conditions involving particularly the brain and cardiovascular systems.

Subsequent research has shown that NK is absorbed from the intestinal tract and degrades plasma fibrinogen. An elevated fibrinogen level increases blood thickness and has been associated with fatigue. This is because organs won't get enough oxygen when blood viscosity is increased. When this happens, the body will then switch to an anaerobic source of oxygen production for energy, which is less efficient, and produces acids that cause you to feel tired and run down.

In addition to NK, other blood viscosity reducing supplements include: Serrapeptase (an enzyme that digests plaque), Heparin, Vitamin E (with mixed Tocopherols), Krill Oil,

## ROYAL CENTER MOVING

On **October 27, 2003**, after seven years at our current location, the **Royal Center of Advanced Medicine** will begin practicing at a new location. We will be joining "**Health Options of Nevada**," where we will be working side-by-side with other holistic health care practitioners. Our new address will be:

**10120 S. Eastern Ave., Suite 100  
Henderson, NV 89052  
(702) 433-8800/Fax (702) 433-8823**

Health Options of Nevada is owned by Doctors Derek Day and Jo Briggs, both chiropractors. Dr. Dan Batlan, a pain management physician is also on the premises a couple days a week. In addition, a colon therapist, and massage therapist are on site and available to **Royal Center** patients as well.

Currently, **Dr. Royal** is working mornings. His work schedule will continue to remain unchanged after the move to our new location. **Dr. Royal** loves practicing alternative medicine and serving the needs of his patients. Please get the word out that **The Royal Center** can help *find answers* and *solve problems* that other doctors can not. This is because we look for and treat what other doctors ignore (e.g., allergies, nutrition, hormones, heavy metals, viruses, etc.).

In the afternoons, **Dr. Royal** is working as a medical consultant for the law office of **Errico & Associates**, located at: **64 N. Pecos Rd., Henderson, NV 89054**. This law office specializes in personal injury (incl. medical malpractice). Should you, or anyone you know, have any legal concerns of a personal injury nature, please feel free to contact **Dr. Royal** at this location. The number for **Errico & Associates** is: **(702) 990-6446**.

As many of you may recall, **Dr. Royal** had been attending the **UNLV William S. Boyd School of Law** for the past four years as a night student. He graduated in May 2003 and took the Nevada State Bar Exam in July 2003.

**Dr. Royal** has always had an interest in the law. Mostly, he wanted to increase his understanding of the laws that govern our society. Now, he hopes to use his skills in medicine, and his understanding of the law, to serve both patients and clients alike. He has a special interest in medical malpractice.

"Basically, we have the same problem in the law that we have in medicine," said **Dr. Royal**. "Insurance companies refuse to pay policies for which premiums have been paid! My goal is to help clients get the maximum reimbursement for their injuries that they deserve. This is something I couldn't do for my patients who sought alternative medical

## AMAZING PLAQUEX RESULTS

Two years ago physicians at a Medical Center in Switzerland stumbled onto PLAQUEX, a generic product isolated from soybeans, which had been tested clinically 20 years prior for treatment of patients severely ill with coronary artery disease. 20 patients suffering from re-occurring angina pectoris pain and being sustained on beta-blockers and nitroglycerin products were entered into the program, which consisted of the infusion over a period of 90 minutes of the above solution 3-5 times per week for a total of 20-40 treatments. To the amazement of the researchers, 19 patients who finished the treatment protocol were completely asymptomatic and free of medication!

Based on the above results, the Medical Center initiated their own clinical study on a small group of severely ill patients, two of whom already had undergone two bypass operations and had been sent home to die, one patient with two angioplasties behind her and still suffering from angina pectoris and a fourth patient documented by a Thallium Stress Test to have perfusion problems of his heart. A fifth patient who was a candidate for amputation and a sixth patient who had undergone a leg thrombosis with grave circulation problems were added to the program.

The results on the bypass patients after 40 treatments with the PLAQUEX protocol were unbelievable. Both patients became more mentally alert, sexually active and were completely free of symptoms and completely free of medication. Follow-up Thallium Stress Tests showed normal perfusion studies of the heart. The female patient with two angioplasties behind her showed the same results as the bypass patients. She was completely free of symptoms after the series of treatments and totally free of all medications. A follow-up Thallium Stress Test showed a completely normal perfusion of the heart. The 4th patient showed remarkable improvement as well.

Perhaps, one of the most amazing results of PLAQUEX its ability to reduce calcium deposits in the plaque of coronary arteries. To measure this, the Fast CT Scan was developed. For example, after 30 treatments with PLAQUEX, by Fast CT Scan showed that a patient with a total calcium score of 1362.6 and 13 lesions was reduced to a total calcium score of 563.2 and 4 lesions. Because of the relative ease of PLAQUEX treatment, with no side effects, and its remarkable results in comparison to classical chelation therapy, it is imperative that this treatment be included in the protocol for patients with blocked arteries.